Giving good feedback

Principles:

Remember that it is for the benefit of the recipient; Choose the right time and the right environment; Describe a person's behaviour, not their personality; Reinforce specific good behaviour;

Concentrate on what can be changed;

In practice:

Give clear comments with specific examples; Discuss the behaviour, not the person; Refer to positive points before raising any negatives; Advise on how the trainee can improve;

Being constructive means:

Start with a concrete and specific experience; Allow the trainee to reflect on it first; Identify strengths before weaknesses; Distinguish between *wants* and *needs;* Negotiate the educational plan;

Pendleton Principles for Feedback

- 1. Questions allowed only to clarify facts;
- 2. Apraisee says what they thought went well;
- 3. Appraiser says what they thought went well;
- 4. Appraisee says what was not done well, what could be improved upon, and how;
- Appraiser says what was not done so well, and suggests improvements;

Ref: Pendleton D et al. (1984) The consultation: an approach to learning and teaching. OUP

Setting Objectives

S - Specific - should specify what learners want to achieve

M - Measurable - be able to measure whether learners are meeting

the objectives or not

A - Achievable - are the objectives achievable and attainable?

R - Realistic - can learners realistically achieve the objectives

with the resources available?

T - Timebound - by when should the learners have achieved the set

objectives?