

# Giving Effective Feedback





## **Session Objectives**

#### By the end of this workshop you should be able to

- Identify and maximise opportunities for assessment and feedback
- Define the principles of giving and receiving effective feedback
- Provide feedback on performance that learners can act on
- Help learners to set and work towards clear objectives

#### Overview

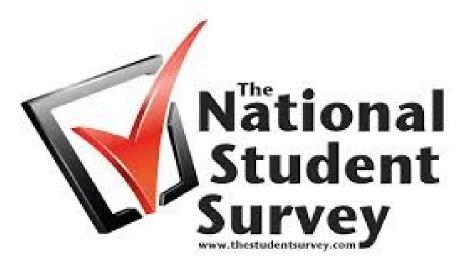
- Slides and discussion:
  - Definitions and importance
  - Effective feedback
  - Structuring feedback
- Break
- Video and discussion:
  - Reflection on a technique

#### **Ground Rules**

- 1. Mobile phones on silent
- 2. Share your ideas and be open to new ones
- 3. Be honest: say you disagree if you do
- 4. Maintain appropriate confidentiality
- 5. Enjoy yourself!

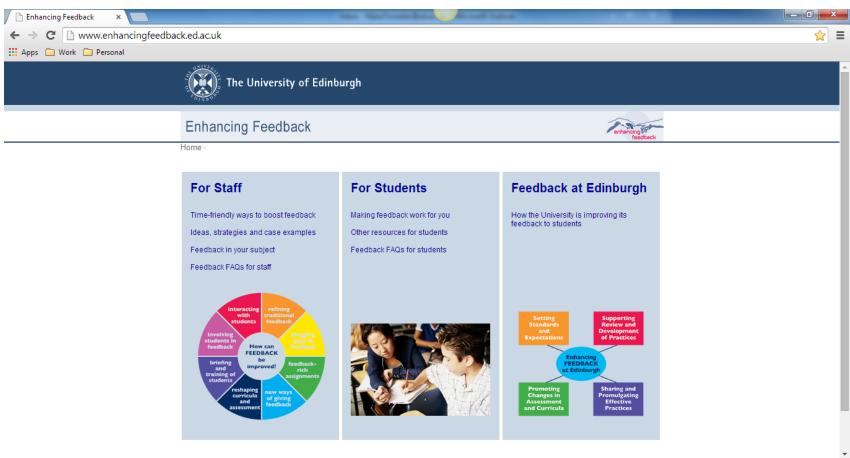


# Feedback: how are we doing?





# Feedback: University of Edinburgh







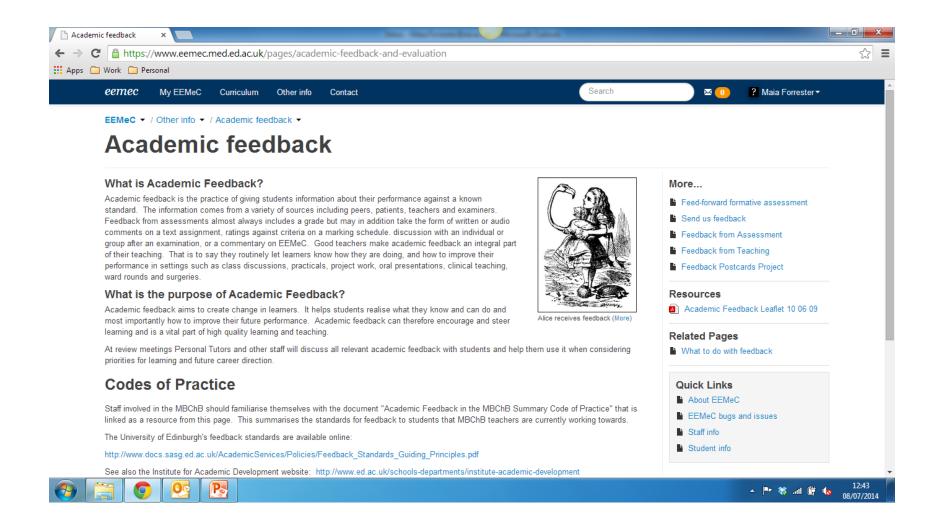








## Feedback: Edinburgh MBChB





You are getting feedback!



## Giving Effective Feedback

What do we say?

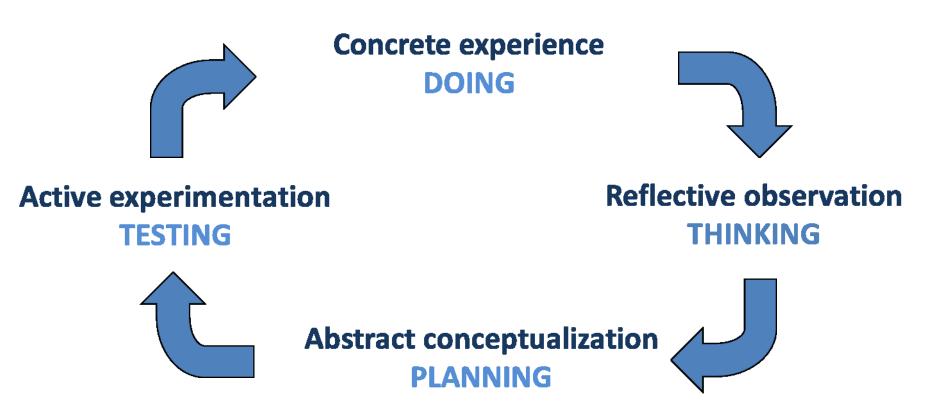
How do we say it?

When do we say it?



Does it actually make a difference?

## Where can feedback come in?



## Over to you...

#### Task:

• Individually: recall your experiences of receiving feedback. Think of a helpful, and an unhelpful, feedback experience. Why did these feel helpful or unhelpful? 2 MINS

In pairs: share your experiences. 3 MINS

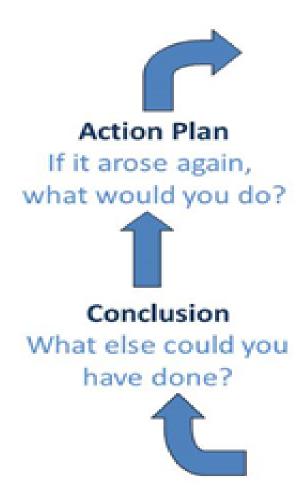
# So the MOST important thing about feedback is...

to promote insight and reflection

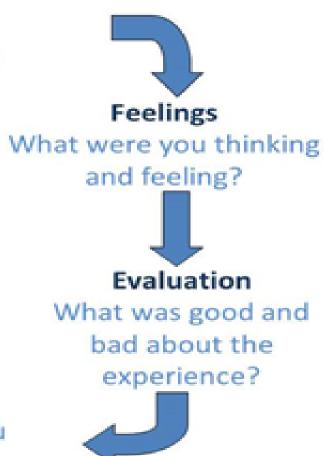
#### **NOT**

to judge or to offer quick solutions

## Reflective Cycle



Description What happened?



Analysis

What sense can you make of the situation

## Guidelines for giving effective feedback

- Choose the right time and environment
- Give clear comments with specific examples
- Describe behaviour, not personality
- Concentrate on what can be changed
- Suggest specific strategies for performance improvement

#### So remember to ... BOOST

**B** Balanced strengths and weaknesses

O Observed evidence based

O Objective behaviour not personality

**S** Specific examples and future action

T Timely immediate (if appropriate), regular

## Recap: effective feedback

Central to learning

Promotes and supports reflection

Some core principles

### How to structure feedback



...do you know any feedback models?

### Sandwich

- Positive: "I liked ... because ..."
- Constructive: "Next time you could try ..."
- Positive: "So overall, well done on ..."



## Traffic Lights or SHIM

- STOP
- CONTINUE
- START

- STOP
- HOW to IMPROVE
- MAINTAIN



## Pendleton's rules

- Trainee leads on what went well
- 2. Supervisor discusses what went well
- 3. Trainee identifies what didn't go well
- 4. Supervisor discusses what didn't go well (prioritise)
- 5. Recommendations for change
- 6. Discuss how improvements can be made

## SET-GO principles

- 1. What I Saw. Trainer describes what he saw.
- 2. What Else did you see? Trainee describes what he saw.
- 3. What do I **Think**? Trainer reflects back to the trainee what he thought about what he saw.
- 4. What Goals are we trying to achieve? Trainer and trainee revisit what the desired outcome is.
- 5. Any Offers on how to achieve the goals? Trainer and trainee discuss skills and solutions to achieve goals.

## Recap: structuring feedback

Models can help

Learner-led dialogue

'How' to change not just 'what'

#### Video

- all participants consented
- scripted for consultant only
- not intended to represent best or worst practice
- extract from wider process
- focus on process, not details



# Over to you... Critiquing a feedback technique

Watch the video clip:

What does the consultant do that is effective?

How do you suggest he improves his approach?

### Promoting trainee ownership of feedback

- encourage trainee to self-assess prior to receiving external feedback
- give feedback in small, digestible quantities
- allow the trainee to respond to the feedback given
- ensure that feedback is converted into an action plan (PDP) for the trainee

# Putting the principles into practice



## Reflect...

What are you going to take away from this workshop that you will use in your future practice?

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## You might also like...

Clinical Educator Programme "Impromptu Clinical Teaching"

Effective Communication for Healthcare (EC4H)

http://www.ec4h.org.uk/ourcourses/ec4h-courses-inedinburgh/













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#### References

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